

Adusumilli Gopalakrishnaiah & Sugarcane Growers Siddhartha Degree College of Arts & Science

Vuyyuru – 521165, Krishna District, Andhra Pradesh

(An Autonomous College in the Jurisdiction of Krishna University, Machilipatnam)

Accredited by NAAC with "A" Grade ISO 9001:2015 Certified Institution

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7.2.1. Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Best Practice # 1

1. Title of the Practice:

Achieving excellence and Empowering through sports

2. Objectives of the Practice:

- ♣ To encourage the students in regular physical activity to promote overall health and fitness.
- ♣ To ensure equal participation and access to sports for students of all genders, abilities, and backgrounds.
- → To provide opportunities for students to participate in competitive events at Intercollegiate, State, and National levels to showcase their talents.

3. The Context:

From the inception, the college focuses on students' physical, mental, and emotional well-being through various sports and fitness activities. The College has an experienced Physical Director to train the students to participate in various sports competitions. The college has Sports facilities of Indoor Stadium, Outdoor stadium, running track, courts, and gymnasium.

4. The Practice:

The college has won many medals in sports and games, particularly in Chess, Athletics, Kho-Kho, Cross country, softball, Cricket, Kabaddi. The College has produced many sports persons to the Country sharpening the right skills of the students. The practice is as follows:

Identification of talents:

Our institution implements a continuous performance monitoring system that evaluates the progress of identified talents. This involves regular skill assessments, performance evaluations and fitness measurements.

Admission Support:

The college provides ample opportunities and reservations for sports students as per the admission guidelines of State Government.

♣ Fees Concession support:

The management provides special Fee concessions to sports students.

Sports facilities:

- ❖ Indoor stadium (44 ft X 22 ft) with wooden badminton court − 3, Multipurpose courts of Volleyball & Basket Ball.
- ❖ Volleyball outdoor courts 2
- ❖ Basketball outdoor court 1
- Cricket nets outdoor 1
- ❖ Kabaddi courts 2
- ❖ 400 Mtrs Running track
- ❖ Football court 1
- ❖ Cricket court pitch 1
- ❖ Boys Multi Gymnasium 1
- ❖ Girls Gymnasium 1

Training:

Special training and friendly matches are provided to equip them for competitions.

Extension & Outreach:

The college shares facilities and expertise with the local community. Summer camps are arranged for the students of neighbouring colleges and schools. Running track is offered to Walkers association's members, local people of Vuyyuru. Indoor stadium to the students of nearby colleges and schools.

5. Evidence of Success:

 Our sports students got 60 medals (16 Gold medals, 20 Silver medals, 16 Bronze medals) for Krishna University Intercollegiate & State level competitions from 2018-19 to 2022-23

6. Problems Encountered and Resources Required:

No unstoppable problems had been encountered for this practice.

7. Notes:

- ♣ Chess coaching camp has been organized by the Department of Physical Education for outsiders, our college students & AG & SG Siddhartha Junior College students from 24-08-2022 to 24-09-2022. 100 students were trained in this coaching camp.
- ♣ The demand for the sports quota admission has been increased.

Best Practice # 2

1. Title of the Practice:

Community Awareness Programmes- Institution Social Responsibility

2. Objectives of the Practice:

- ♣ To cultivate a culture of quality consciousness and continuous improvement among students by raising awareness.
- ♣ To empower students by providing them with knowledge, strategies, and resources that contribute to academic and organizational excellence.
- ♣ To increase awareness about social, cultural, environmental, health issues, promoting informed decision-making and responsible behaviour & National Unity.

3. The Context:

Awareness programmes empower stakeholders, including students, faculty, administrators, and support staff, by providing them with valuable information. As most of the students come from remote villages the main purpose of this practice is to involve students in wiping out of social problems. This upholds the need for selfless service and show consideration for fellow human beings especially in pandemics like covid-19.

4. The Practice:

The college has observed the important days such as National Voters day, Republic Day, World Cancer Day, International Mother Language Day, National Science Day, International Women's Day, Internal Yoga Day, International Plastic Bag Free Day, Independence Day, NSS Foundation Day, Indian Constitution Day, AIDS Day, etc. to make students realize the intensity of issues and solutions.

- NSS, NCC units and Red Ribbon Club of our college encourage social commitment among students by conducting AIDS awareness programs, ill effects of alcohol consumption, girl literacy programs, clean and Green programs, plastic free campus and health awareness programmes, preventive measures of Covid-19, Open defecation programme (ODF) in surrounding villages, various dangerous diseases, .
- The Women Empowerment and Anti Sexual Harassment Cell of our college sensitize and safeguard women rights by arranging programs with police medical and judicial officials.
- The Departments of the college conducted awareness programme in slum areas on prevention of mosquitoes "Dhomalu bhabhoy Dhomalu", Eco friendly Vinayaka by distributing clay idols, Influence of Technology on Psychology, Low power consumption and Mushroom Cultivation to provide employment to students.

5. Evidence of Success:

Observation of Important Days:

The active involvement reflects a heightened sense of responsibility and understanding among students and the organizational skill among the students is enhanced.

♣ NSS and NCC Units:

The NSS and NCC units have consistently engaged students in impactful community service activities. The increased participation in blood donation drives, cleanliness campaigns, and multiple COVID-19 vaccination drives reflects the success of these units in instilling a sense of social responsibility among students.

♦ Women Empowerment and Anti Sexual Harassment Cell:

The effective functioning of the cell increased awareness about women's rights and the reduction in incidents of harassment.

Awareness Programs by Departments:

The increased interest and engagement of students in eco-friendly practices, technology's impact and mushroom cultivation showcase the effectiveness of these programs in expanding students' horizons beyond their academic curriculum. The noticeable reduction in power consumption across the college premises and the adoption of energy-efficient practices by students and staff demonstrate the success of awareness programs on low power consumption.

6. Problems Encountered and Resources Required:

No unstoppable problems had been encountered for this practice

7. Notes:

Apart for the above the students of our college actively participated in various cultural, regional, linguistic programmes and celebrated birth / death commemoration of freedom fighters. By celebrating Events and Festivals, competitions, etc. the institution aims at bringing tolerance and harmony among the students and staff and other stakeholders.